

green it yourself



eco bath rug

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let the green in

Millions of tons of textile waste ends up in landfills every year despite all the great ways there are to recycle it.

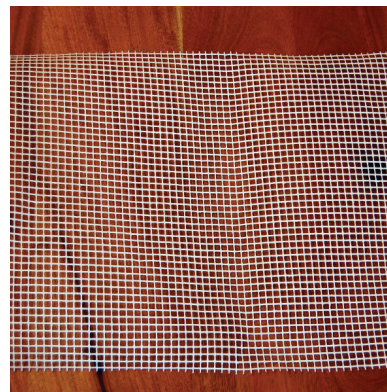
The *best* way to get rid of your old clothing, linens, and rugs is to find a local charitable organizations and donate them. But those ancient towels that have seen a few too many days at the beach or have been a part of your post-shower routine since college and now look more like cheesecloth than a drying accoutrement, charitable donation may not be an option.

Instead, you can give those old towels a second life by turning them into a super soft, oh-so-cozy bath rug. All you need are the towels (old t-shirts will also work but with far less luxurious results) and a gridded matting that you can find at any craft store. Your handmade bath rug will also serve as a lovely reminder of all those summer days spent lounging by the water...or maybe just how happy you are that you don't have to shower with flip-flops on anymore.

## collect materials



towels



gridded matting



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## weaving the towel



Before you begin, make sure your towel or towels are all well washed.



**A.** Decide how big you want your bath rug to be and then cut your gridded matting to those dimensions.

**B.** Next, turn your scissors on your towels and begin cutting them into 5 or 6 inch long pieces about  $\frac{3}{4}$  of an inch thick.

**C.** Now it's just a matter of knotting each strip along the grid, making sure they all face the same way. For the best results, we recommend knotting along every box of the grid, but if you don't mind a thinner mat – or just don't have the patience - then every other box is fine, too.

You can work on this project while you're watching TV or sitting around with your family after dinner – whenever your hands are free. It may take you a while, but it will be more than worth it once you're finished.

Stepping out onto your fun new eco bath rug first thing in the morning after a nice hot shower will put you in a bright mood for the whole of the day!

